

What You Expect Is What You Really Believe

#### THE LAW OF EXPECTATION

by Darryl William Crawford



Say the above statement to yourself in the mirror about 3 times.

NOW DO IT AGAIN, BUT THIS TIME TRULY MEAN IT! DON'T DOUBT,

ONLY BELIEVE!

### THE NEW YOU

It's best to make a decision everyday to be better than you were yesterday. Why? WHY NOT? If you are teachable and sincerely honest with yourself, you know you don't know everything, therefore this leaves you with plenty of room to improve one self. Also decide to be a person who makes quality choices daily and to not to be indecisive. When a person is indecisive, they have a hard time making decisions which indeed hinders possibilities in their personal life and also hinders others in which they have influence.

When an indecisive person finally does make a decision, they may not be confident about it, or they might change their mind again which will only put off possibilities and the next time they face that decision it can be even harder to make than the first time.

It's a non-productive pattern, a continuum of delayed choices which never get made at the opportune time.

What we expect is what we truly believe. Some ask why should we expect greater things or even the best of things in life? We should start expecting greater things and the best in life because we will receive what we truly are expecting.We should expect greater things and the best of things because of the God who made us, loves us and HE (YES GOD, the creator of heaven and earth) truly believes in US therefore we must believe in HIM. God expects us to do greater things because we're made in his image and likeness.



There is a law called the Law Of Expectation which simply states that 85% of what you expect to happen ... will happen, whether it is good or bad. This law of expectation is very powerful, it doesn't play favorites, so it doesn't matter if we are expecting negative or positive things to happen

The Law of Expectation stays true.

Your expectation is the fuel towards your dream, your goal.

What you expect is what you have practiced in your heart and mind whether for your good or not.

So it's wise to STOP practicing thoughts in your heart and mind that are not good and START practicing thoughts in your heart and mind which are good.

How can you do this?

By changing the words you say out of your mouth and seeing yourself at the end result in your mind.



Faith (what we expect) is released when we speak with our words.

Faith is expecting. Out of the abundance of the heart our mouth will speak. What we really believe, we will say in abundance certain words and those words of faith create our reality, which will change our thoughts.

When the pressure is on, the words that flow out of our mouths in abundance is what we truly believe.

## The Details

No one can cheat the law of expectation or no one can have faith in one thing and receive something else.

We can't cheat by just
wishing or hoping
something to happen or to
be a certain way outside
of our belief system.

Whatever we sow we will reap or whatever will put out, say or do we will receive in return.

Real expectation is tied into our belief system.

Wishing, hoping or any form of chance is not solid trust therefore it is not true faith.

Faith is solid and firm belief, expecting an outcome no matter what.

That is a sign of a true believer or a person who is using their faith.

You also must see yourself there, take a picture of yourself there in your mind and expect to be there.

Be in a constant thankful heartfelt state of mind as if you are already there. In your mind, you are there.



The bible even says as a man thinks in his heart so is he...this means as a person thinks, believes in it's true essence, as a person EXPECTS in their heart, (in their core belief system), this is who they are or becoming.

However the bible is not referring to the heart as an organ but instead or spirit.



It may seem funny now but think how 500 years ago people thought the earth was flat and those people (in their so sure minds in that time) expected if you go too far you will fall off the earth.

We know today that is foolishness or better yet down right crazy, it is totally not true.

They allowed their fear of the unknown to rule their life which hindered them from seeing, experiencing more of what God made for them to enjoy.

Our expectation in life is tied to our belief system and because it's tied into our belief system we will keep seeing, experiencing what we have been expecting and since we receive what we expect it's BEST to expect the best and not the worst.



Like the story of Job of the bible. Job feared the worst for his family and because he feared the worst for his family, the worst happened.

Read the book of Job in the bible for the full story.

Our expectations are so powerful and so right on that if we fear the worst it has an 85% chance of happening.

So it's best to believe (with all of your might) for the best things to happen to you and at the very least expect for good things to happen to you.



Make it your priority to affirm positive words everyday, seeing the glass half full instead of half empty.

Our expectations are so powerful and sensitive just by default so we must work at expecting the best or again at least expect for good things to happen to you everyday.

This will explain why even highly motivated people may have problems getting ahead at times.

It's all about their belief. what we expect, we experience and for those who have had problems in their thinking it is mainly because somewhere ingrained in their thinking (usually due to a past experience) is the belief that they can't succeed, or do it again or they believe they will repeat a past error or they can't top their last goal.

These are self defeating thought patterns which must be stopped!

We must stop lying to ourselves, stay away from the nay sayers (and keep ourselves surrounded around believers) and keep telling ourselves the truth!

Only the truth can set us FREE! If we hear a lie long enough the lie will become our reality.

We don't want to live a lie, nor do we want to live our fears but many people do this everyday by default.

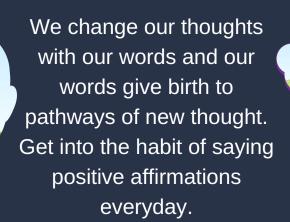
We must face our fears with the truth and stop the continuum of, "what if's" because if we don't stop the what if's, we'll never experience the truth.

I don't know about you but
I don't want to live a
lifetime and find out I have
been living a lie when I
have had the power of
choice within all along.

One thing we must get in our mind is our past doesn't determine our future unless we allow it to be.

I must say that again in a different way, OUR PAST is just that OUR PAST and it doesn't determine our future.

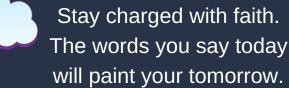
What we do TODAY determines our future.



Learn to say affirmations from your heart, express it form deep down and believe every word you are saying.

Expect success.

Expect it and see yourself successful. In every way, spiritually, mentally, emotionally, physically, socially, financially etc.







Our words actually shape our personal world within.

So if we affirm to ourselves everyday that we are going to speak, think and act differently, expecting the best to happen to us on purpose, we are changing our future and our past cannot stop this process unless we quit doing what needs to be done TODAY.

We were created in the image and likeness of God and God is always creative therefore we need to remind ourselves to stay creative and to keep affirming good things in our life daily.

One good thought you can remind yourself is that God desires to bless us even more than we would ask for and even imagine.

# lifeisgood

So expect good things to happen to you everyday.

Learn to focus on the positive things in life and prepare to be tested and doubted, that comes along with the journey.

In life there are 2 kinds of people in this world, believers and doubters.

You may not be able to control what others think but you can control what you think by continuously affirming good things.

You may not be able to control what people say but you can control the words you affirm out of your mouth.

When we get our words right, we can get our thoughts right and when we envision ourselves, receiving the end result, living the dream, see ourselves doing greater things, we will get it.

Belief with enthusiasm is everything!

Visualization, seeing yourself accomplishing your goals is very important to reach your goals.

When you visualize, you must do it on purpose.

If you believe you are seeing yourself defeated in your mind, you will be defeated in life.

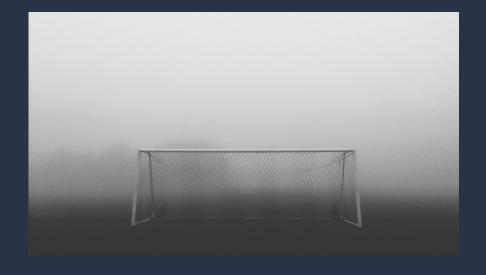
When you see yourself winning, accomplishing your goals, seeing yourself there, being thankful for the experience, expressing sincere gratitude daily with continuous practice, you will reach what you have visualized.

### SIMPLY EXPECT THE

## BEST

Make it a goal everyday to see yourself successfully fulfilling your purpose.

Get passionate about it and remain grateful and stay in the flow of expecting the desired outcome.





1st - Take 10 deep breaths in and out slowly and **focus** on your breathing.

Imagine you were applying for a very high paying job/career and you visualize yourself walking in the building.

Next you **visualize**yourself greeting people
gracefully and
respectfully.

Next you **see yourself** filling out the needed paper work, leaving your resume, making great professional connections that are needed, etc.



Next **visualize** yourself at the interview/meeting, answering every question correctly, you're right on beat with everyone there, showing confidence, you're comfortable, positive and showing high regard to the interviewer/CEO.

Finally you see yourself shaking their hand, making eye contact, thanking them for their time and etc. and walking out with the position/deal/signing the contract.

See the outcome as an absolute, receiving the end result.

Note the conscious mind (LOGIC) will put up a fight, don't let it win, resist the past, let it go, forgive yourself, forgive everyone and press on, looking forward not backwards.

The conscious mind will give up fighting in time only if you are persistent. Be grateful, thank God boldly for the victory.

Learn to live in a constant state of sincere gratitude. This is huge. The deep (or sub) conscious mind does not put up a fight, it just records, checks off and accepts.

It's always ready and willing to record, trust, receive, you name it.

This is where your dreams can become reality with dedicated practice.

Please note: though it is good to see yourself go through the whole process, it's best to practice seeing yourself at the end result much more.

Don't look at yourself like it's a movie but as if it is really happening.

This is very important and powerful to do for each of your goals. Seeing yourself accomplishing the goal is key.

That's called expecting. Your deep conscious mind doesn't know the difference whether what you visualize is real or not.

Do it each day for 5-10 minutes.

The best time to do these visualizations is right before going to bed.

When you are sleep that is when your total mind is the most active therefore by ending your day visualizing your goals completed gives great fuel for your dreams to flourish.

When you do this daily before going to sleep, your deep conscious mind is accepting the visualization as truth, because it doesn't know that it's all in your mind so you will have a higher expectancy each day with persistence.

### Are You A Christian Believer?

If you don't get anything out of this PDF please get this in your spirit, as a child of God you are filled with the spirit of God. God is abundance. God is the creator.

God is love. That means you are a child of abundance. You are a child of the creator and you are a child of love ... Say this,"I AM A CHILD OF ABUNDANCE, I AM A CHILD OF THE CREATOR AND I AM A CHILD OF LOVE AND LOVE NEVER FAILS AND SINCE LOVE NEVER FAILS, I AM NOT A FAILURE, I AM BLESSED TO BE A BLESSING THIS DAY IN JESUS' NAME!"

Your faith must stay focused on what God's word said and claim it in Jesus' name everyday with your thoughts and also your words. Using Jesus' name in all your affirmations, prayers, thoughts, etc. How you claim it with your thoughts? By holding the image of what you're believing for long enough in your mind until it is an expectation. Your mind is very powerful.

A believer who knows their purpose and is actively moving towards their purpose and God is with them, helping them fulfill their purpose is unstoppable.

The bottom line is this we MUST start expecting God to be God in our life, declaring or affirming words that line up with the word of God (because we have faith in him) and he loves us, he created us, he has made good plans for us all and so much more.

Jeremiah 29:11
Say What God Loves To Answer
HIS WORD, (THE BIBLE).
Download Volumes 1 and 2
And use the name above all names in truth and with confidence and receive!



